

DICHIARAZIONE SOSTITUTIVA DI CERTIFICAZIONI

(Art. 46 D.P.R. 445 del 28.12.2000)

Il sottoscritto DALLA VALENTINA LEONARDO nato a VERONA il 25/09/1995

è consapevole che in caso di dichiarazione mendace sarà punito ai sensi del Codice Penale secondo quanto prescritto dall'art. 76 del succitato D.P.R. 445/2000 e che, inoltre, qualora dal controllo effettuato emerga la non veridicità del contenuto di taluna delle dichiarazioni rese, decadrà dai benefici conseguenti al provvedimento

eventualmente emanato sulla base della dichiarazione non veritiera (art. 75 D.P.R. 445/2000). E' informato ed autorizza la raccolta dei dati per l'emanazione del provvedimento amministrativo ai sensi dell' art. 13 del D.L.vo 196/03* e s.m.i.



Europass
Curriculum Vitae



Personal information

First name / Surname	Dalla Valentina Leonardo
E-mail	
Nationality	Italian
Date of birth	Septemper 25 th , 1995
Gender	Male

Work experience

15/07/2025 – 31/10/2025	Endocrinology Specialist - Ospedale Sacro Cuore, Department of Endocrinology (Negrar, Verona, Italy)
01/02/2023 – 01/02/2025	Emergency Medical Assistance – doctor on call in the District of Carpi (Modena, Italy)
01/04/2022 - 01/07/2022	Emergency Medical Assistance – doctor on call in the District of San Bonifacio (Verona, Italy)
18/08/2020 – 01/06/2021	First Aid Doctor assigned to minor codes/ Covid ward doctor – District of Legnago (Verona Italy)
01/11/2020 – 01/01/2021	Executing Docotor of antigenic/molecular/sierologic swab – Clinica Santa Sofia (Verona, Italy)
06/2011 – 07/2020	Waiter during weekend and summer season – Trattoria Dalla Valentina (Verona, Italy)

Education and training

01/11/2021 – 31/10/2025

Endocrinology and Metabolic Diseases Resident

Department of Biomedical, Metabolic and Neural Sciences
University of Modena and Reggio Emilia (UniMoRe), Modena (MO), Italy

11/2020 – 09/2021

Second Level Master Course

Human nutrition, Education and food safety – NUESA
University of Padua, Padua (PD), Italy

04/08/2020

Registration as a Member of the Chamber of Physicians of Verona
Verona (VR), Italy

09/07/2020

Qualification to practice as a Medical Doctor
University of Verona, Verona (VR), Italy

09/07/2020

Medical Doctor Degree, 110/110 cum laude

University of Verona, Verona (VR), Italy
Graduation thesis in Radiology “ Pancreatic Adenocarcinoma and chemotherapy: evaluation of response to treatment with TC examination”
Thesis Supervisors: Mirko D’Onofrio

07/2014

Scientific High School Certificate, 87/100
Liceo Scientifico “Messedaglia”, Verona (VR), Italy

07/2013

EF Summer School, Level Upper Intermediate
Miami, USA

07/2012

EF Summer School, Level Upper Intermediate
St Julian, Malta

07/2011

EF Summer School, Level Intermediate
Brighton, UK

Personal skills and competences

Mother tongue

Italian

Other languages

Self-assessment

European level

English

Understanding		Speaking		Writing
Listening	Reading	Spoken interaction	Spoken production	
B2	B2	B2	B2	B2

Social skills and competences

Excellent relational and social skills;
Excellent teamwork skills;

Computer skills and competences

Effective use of computer equipment and facilities.
Excellent knowledge of:
- Word for Windows and Macintosh
- Excel for Windows and Macintosh
- Power Point for Windows and Macintosh
- World Wide Web

Artistic skills and competences

Self-taught Cook

Other skills and competences	Lover and practitioner of various sports (footbal, ski, swimming)
Membership of Scientific Societis	<ul style="list-style-type: none"> - Member of the Italian Society of Endocrinology (SIE and EnGiol) - Member of the Italian Society of Medical Andrology and Sexual Medicine (SIAMS and AndroYoung) - Member of the European Society of Endocrinology (ESE and EYES) - Member of the Scientific Association in Endocrinology, Andrology and Metabolism (ASEAM)
Research Activities	<p><u>Sub-investigator</u>: multicentre, longitudinal, interventional, randomized, open-label, phase II clinical trial, assessing pharmacodynamics of Luteinizing Hormone (LH) in acquired hypogonadotropic hypogonadal men (RHYTHM)</p> <p><u>Sub-investigator</u>: multicentre, randomised, double-blind, placebo-controlled trial to asses the effocacy and safety of FE999049 for treatment of men with idiopathic infertility (ADAM).</p>
International Experiences	<ol style="list-style-type: none"> 1. One month frequency in Centre of Special Interest in Andrology September 2023: Papageorgiou Hospital, Medical school, Aristotle University of Thessaloniki, Thessaoniki Greece.
Grant and Prizes	<ol style="list-style-type: none"> 1. EYES 2022 Travel Grant for the participation to 9th Young Endocrinologists & Scientists (EYES) Meeting 2022, Zagreb, 2nd-4th September 2022. 2. ECA 2022 Travel Grant for the participation to 12th European Congress Of Andrology, Barcelona, 19th-21st October 2022. 3. EYES Clinical and Research Observership Programmes (COP) 2023-2024 for 1 month frequency in Centre of Special Interest in Andrology: Papageorgiou Hospital, Medical school, Aristotle University of Thessaloniki, Thessaoniki Greece. 4. EYES 2024 Travel Grant for the participation to the 11th Endocrinologists & Scientists (EYES) Meeting 2024, Helsinki, Finland, 5th – 7th September 5. EYES meeting 2024 Best oral presentation of the session “Reproductive Endocrinology”

Publication in Medical Journals

1. Santi, D, Spaggiari, G, Morini, D, Belli M, Dalla Valentina L, Aguzzoli L, Simoni M, Villani MT. Which sperm parameter limits could really guide the clinical decision in assisted reproduction? *Andrology*. 2023; 11: 143– 154. <https://doi.org/10.1111/andr.13323>.
2. Santi D, Spaggiari G, Dalla Valentina L, Romeo M, Nuzzo F, Serlenga L, Roli L, De Santis MC, Trenti T, Granata ARM, Simoni M. Sperm concentration improvement may be a parameter predicting efficacy of FSH therapy of male idiopathic infertility. *Cells*. 2023. <https://doi.org/10.3390/cells12182236>
3. Spaggiari G, Costantino F, Dalla Valentina L, Romeo M, Furini C, Roli L, De Santis MC, Canu G, Trenti T, Granata ARM, Simoni M, Santi D, Are they functional hypogonadal men? Testosterone serum levels unravel male idiopathic infertility subgroups. *Endocrine* 2023. <https://doi.org/10.1007/s12020-024-03717-3>
4. Rochira V, Greco C, Boni S, Costantino F, Dalla Valentina L, Zanni E, Itani L, El Ghoch M, Effect of Tirzepatide on Body Composition in people with overweight and obesity: a systematic review of randomized controlled studies. *Disease* 2024. doi: 10.3390/diseases12090204.
5. Cignarelli A, Sansone A, Yannas D, Dalla Valentina L, Renda Livraghi D, Spaggiari G, Santi D, Understanding the role of alcohol in metabolic dysfunction and male infertility. *Metabolites* 2024
6. Dalla Valentina L, Conte I, Spaggiari G, Rochira V, Santi D, The weight of fatherhood: when waistline knocks out male fertility. *L'Endocrinologo* 2025
7. Santi D, Scafa R, Spaggiari G, Grande G, Romeo M, Dalla Valentina L, Graziani A, Granata ARM, Garolla A, Simoni M, Ferlin A, Testicula index: clinical, applicable tool to predict pregnancy in men with idiopathic infertility under FSH treatment. *Journal of Endocrinological Investigation* 2025

Invited Presentations to scientific congresses

1. 9th June 2023
Title: "Discussion on the bidirectional association between hypogonadism and cardiometabolic risk"
Congress: SISA 2023
2. 10th April 2025
Title: "Pharmacodynamics and safety of human recombinant luteinising hormone (LH) in hypogonadotropic hypogonadal men: a new ongoing multicenter study"
Congress: "La fertilità nel 21 secolo. Sinergie tra laboratorio, clinica e ricerca"

Selected Oral Communication to National Congresses

1. Dalla Valentina L, Spaggiari G, Morini D, Melli B, Aguzzoli L, Villani MT, Simoni M, Santi D. Which sperm parameter limits could really guide the clinical decision in assisted reproduction? 2nd Congresso EnGioi 2022 23rd -24th September 2022, Rome Italy.
2. Dalla Valentina L, Spaggiari G, Nascimbeni F, Lugari S, Feliciani C, Ahmad A, Granata ARM, Andreone P, Simoni M, Santi D.
Testosterone serum levels predict the severity of metabolic dysfunction associated fatty liver disease (MAFLD) in hypogonadal men
3rd Congresso AndroYoung 2023 23rd-24th February 2023, Naples, Italy.

Selected Oral Communication to International Congresses

1. Dalla Valentina L, Spaggiari G, Morini D, Melli B, Aguzzoli L, Villani MT, Simoni M, Santi D. Which sperm parameter limits could really guide the clinical decision in assisted reproduction? ESE Young Endocrinologist and Scientists EYES, 2nd – 4th September 2022, Zagreb, Croatia.
2. Dalla Valentina L, Spaggiari G, Nascimbeni F, Lugari S, Feliciani C, Ahmad A, Granata ARM, Andreone P, Simoni M, Santi D. Evaluating liver risks in hypogonadal men: the unseen consequences of low testosterone. ESE Young Endocrinologist and Scientists EYES 5th -7th September 2024, Helsinki, Finland.

Poster to International Scientific Congresses

1. Dalla Valentina L., Spaggiari G, Morini D, Melli B, Aguzzoli L, Villani MT, Simoni M, Santi D. Which sperm parameter limits could really guide the clinical decision in assisted reproduction? European Congress of Andrology ECA 2022, 19th – 21st October, Barcelona, Spain.
2. Dalla Valentina L., Spaggiari G, Renda Livraghi D, Marotta N, Manfredini M, Casarini L, Sperduti S, Granata ARM, Santi D, Androgens, Androgen receptor and Skin disease: the missing piece, EYES meeting 2025, 26th-28th September 2025, Milan, Italy

Poster to National Scientific Congresses

1. Dalla Valentina L., Spaggiari G, Nascimbeni F, Lugari S, Feliciani C, Ahmad A, Granata ARM, Andreone P, Simoni M, Santi D. Testosterone serum levels predict the severity of metabolic dysfunction associated fatty liver disease (MAFLD) in hypogonadal men. Italian Society of Endocrinology Congress (SIE) 2023, 28th-1st July, Rome, Italy.
2. Dalla Valentina L, Renda Livraghi D, Domeinici D, Bonomi M, Campi I, Duminucco P, Spaggiari G, Santi D. Una possibile associazione tra una nuova variante del gene della tireoglobulina e un caso di ipotiroidismo congenito. ILEM 2024, 26th – 28th September 2024, Genova, Italy
3. Dalla Valentina L, Spaggiari G, Nascimbeni F, Lugari S, Feliciani C, Ahmad A, Granata ARM, Andreone P, Simoni M, Santi D. Le cicatrici nascoste dell'ipogonadismo: il possibile legame tra MASLD e fibrosi epatica. Italian society of endocrinology congress (SIE) 2025, 11th – 14th June, Turin, Italy

Autorizzo il trattamento dei dati personali contenuti nel mio curriculum vitae in base all'art. 13 del D. Lgs. 196/2003 e all'art. 13 del Regolamento UE 2016/679 relativo alla protezione delle persone fisiche con riguardo al trattamento dei dati personali.

